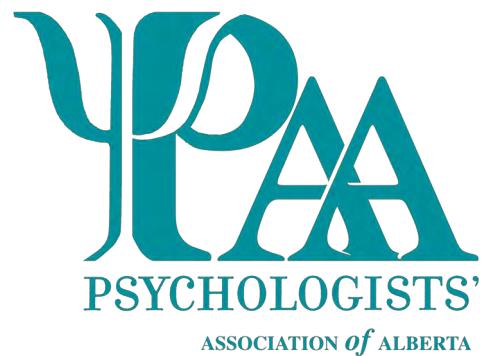


Psychologists' Association of Alberta
2018-2019 Annual Report

Contents

Treaty Acknowledgment	01
Welcome	02
Who We Are & What We Do	03
2015-2020 Strategic Plan	04
Promote Strong Membership	06
Strengthen Psychology's Voice	14
Influence Training	26
Maintain Relationship with CAP	31
Enhance Good Governance	36
Special Projects	45
Thanks	47



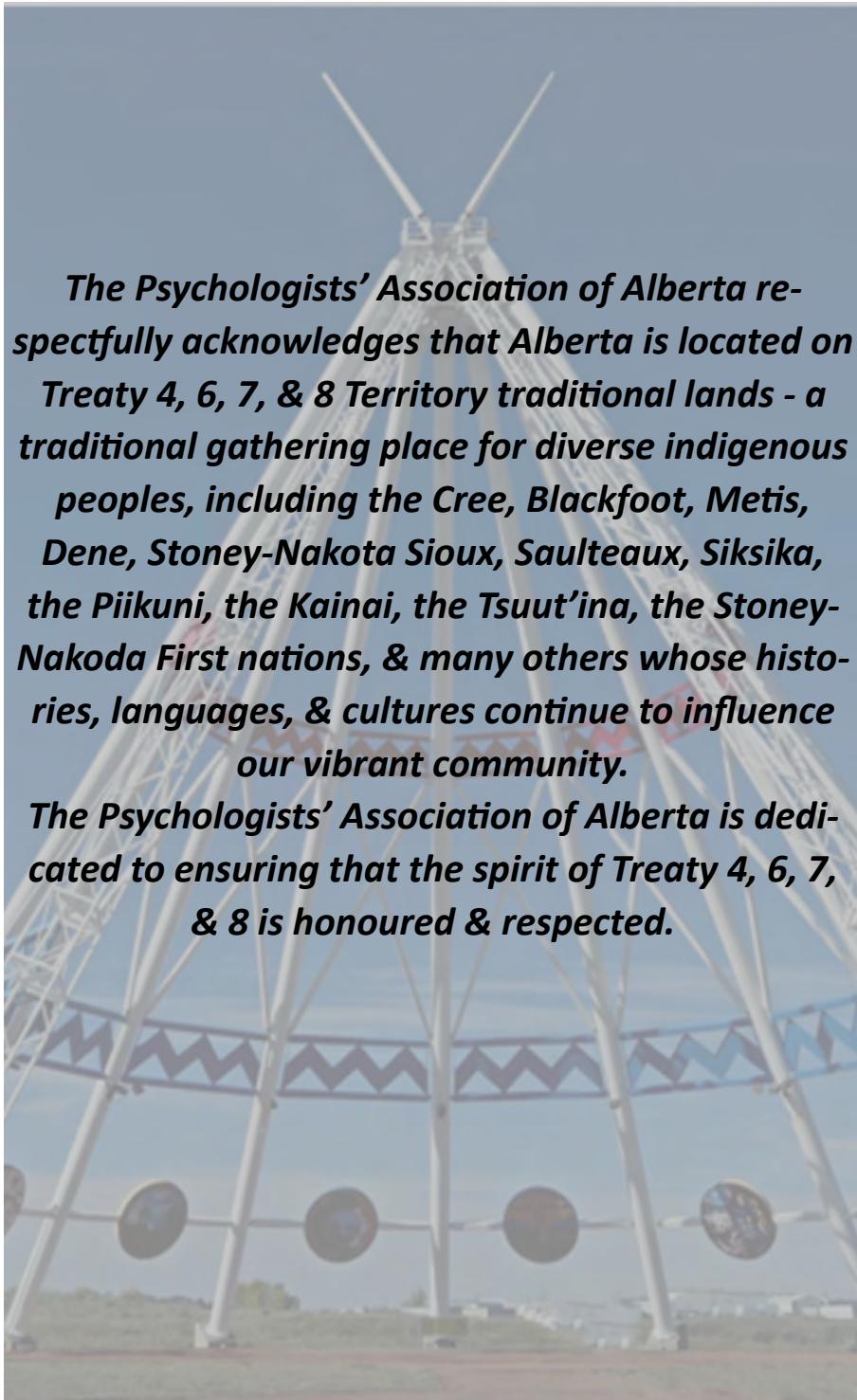
Connect with PAA on Facebook, Twitter, & LinkedIn for the latest news, networking, & important events

  Psychologists' Association of Alberta



@PAAAlberta





The Psychologists' Association of Alberta respectfully acknowledges that Alberta is located on Treaty 4, 6, 7, & 8 Territory traditional lands - a traditional gathering place for diverse indigenous peoples, including the Cree, Blackfoot, Metis, Dene, Stoney-Nakota Sioux, Saulteaux, Siksika, the Piikuni, the Kainai, the Tsuut'ina, the Stoney-Nakoda First nations, & many others whose histories, languages, & cultures continue to influence our vibrant community.

The Psychologists' Association of Alberta is dedicated to ensuring that the spirit of Treaty 4, 6, 7, & 8 is honoured & respected.

Welcome from the CEO

This is an exciting time to be a psychologist!

As stigma decreases, psychological literacy increases, and other professions continue to evolve in the mental health landscape, psychology is establishing our role as leaders in psychological health and wellness. As a psychologist whose practice has now extended over two decades, and as a proud PAA member, it is a privilege to be engaged with these changes as your CEO. I love sharing the many ways we have been working to realize the PAA Strategic Plan and our mission to advance the science-based practice of psychology for the benefit of all Albertans.

Dr Judi L Malone, PAA CEO, R. Psychologist (AB/AUS)

My favourite part of working at PAA ...



Opportunities to be creative
Joanna
Finance Officer



Meeting members in person
Judi
CEO



The supportive & caring staff
Cindy
Administrative Officer



Advocating for psychology
Brittany
Governance Director



Engaging with members
Rose
Membership Officer



Being inspired by the great work of volunteers
Kim
Communications Officer

Who we are...

The Psychologists' Association of Alberta (PAA) is the voice of, & for, psychology in Alberta.

Mission

To advance the science-based profession of psychology and to promote the well-being and potential of all Albertans

Vision

PAA & its members are recognized leaders in enhancing the psychological health of all Albertans

What we do...

PAA is the voluntary body that

- Advocates for psychology in Alberta
- Informs the public & the media, &
- Advocates for consumers of psychotherapy, psychological, & mental health services

We support many initiatives that seek to enhance psychological health & wellness in our province.

We also

- Provide professional development & networking opportunities for our members
- Have an active communications strategy, &
- Operate a province-wide referral service

Strategic Plan

2015-2020



Promote strong membership



Strengthen psychology's voice in Alberta.
Through improving access, influencing social policy, advocacy, and public education



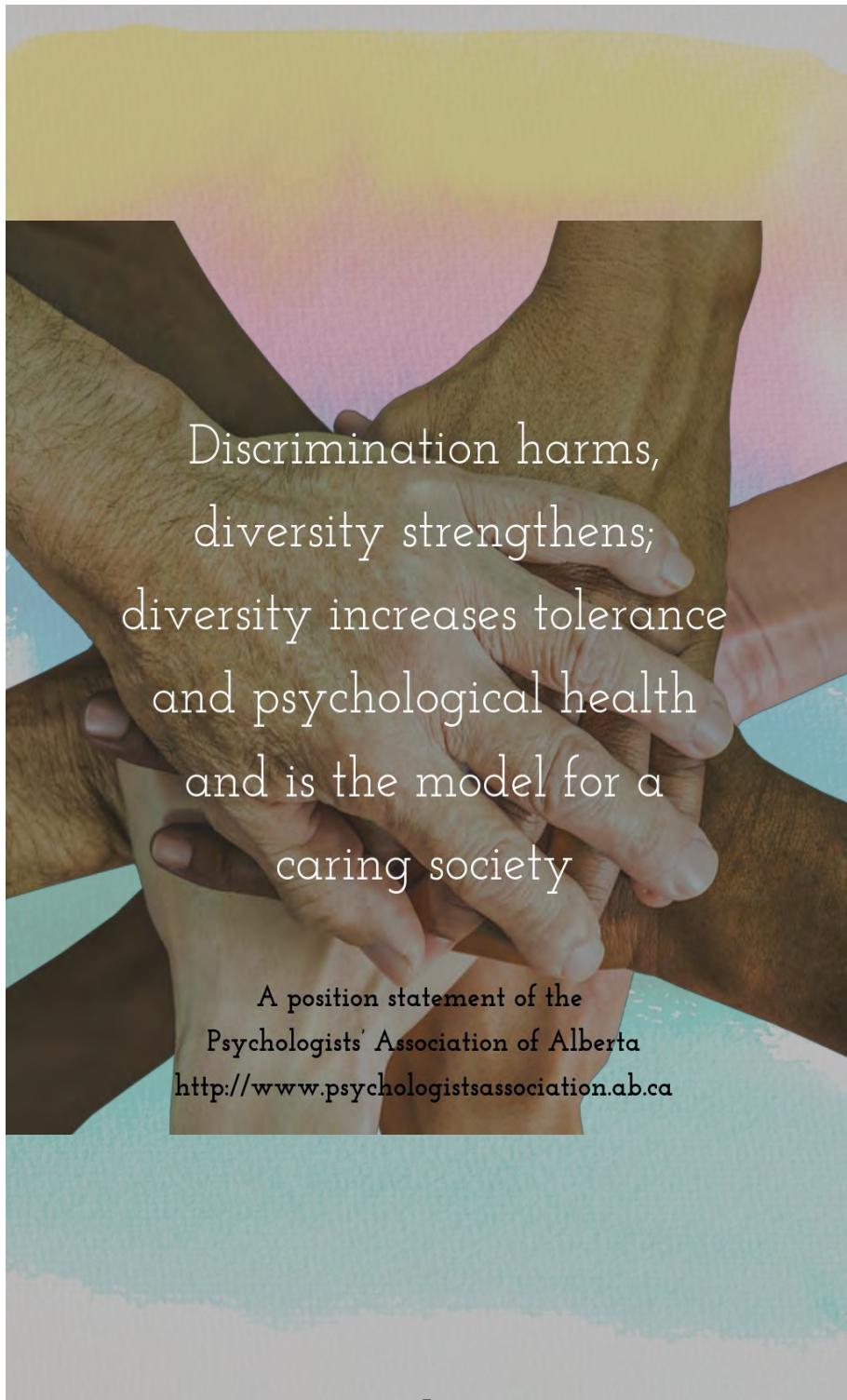
Influence the training of Alberta psychologists to shape the future of the profession



Maintain a collaborative relationship with the College of Alberta Psychologists to strengthen our role and provide unity for the profession



Enhance good governance



Discrimination harms,
diversity strengthens;
diversity increases tolerance
and psychological health
and is the model for a
caring society

A position statement of the
Psychologists' Association of Alberta
<http://www.psychologistsassociation.ab.ca>

Promote Strong Membership

We – all members – are the PAA!

And that number has been growing steadily. That really speaks to our members commitment to the vision and mission of the association – and that we are collaborating to meet your needs.

Our new website has launched and is a welcome addition to our new online presence along with our popular social media feeds. We are happy to follow and promote the great work of members in social media (if you are involved, please notify Kim, PAA's Communication's Officer at kim@paa-ab.ca). Together we support PAA's mission, vision, and clarify the value of our profession.

Communications were key this year. We launched the renewal of Psymposium allowing us more frequent, shorter, online editions for more regular updates and information sharing. Engaging topical podcasts continue to be provided by Dr Jon Amundson with more than 150 downloads. Our website had over 60 000 unique visitors and went through overdue modernization. Our social media presence has been growing in popularity as has our referral service.

Members have continued to benefit from excellent practice advisors, supervision lists/support, affiliate discounts, and a top-notch liability insurance program. Additionally, we are excited to have a member benefit extended health plan for Alberta psychologists in private practice – one that ensures access to psychologists!

Special thanks to members who engaged with us through our townhalls, our annual membership survey, and when we participate in innovative fee & service negotiations.

Membership Benefits



Professional Identity

We connect, understand, & support psychologists, students, and affiliates



Voice

We advocate for psychology & its consumers, defend scope of practice, enhance psychologists' opportunities, and inform the public & media



Communication

We publish Psymposium, e-newsletters, & offer discounted advertising to members; are active on social media; & provide opportunities to network, get involved, & shape the profession



Professional Development

We offer discounted, accredited, & responsive CPD opportunities, & annual awards & recognition.



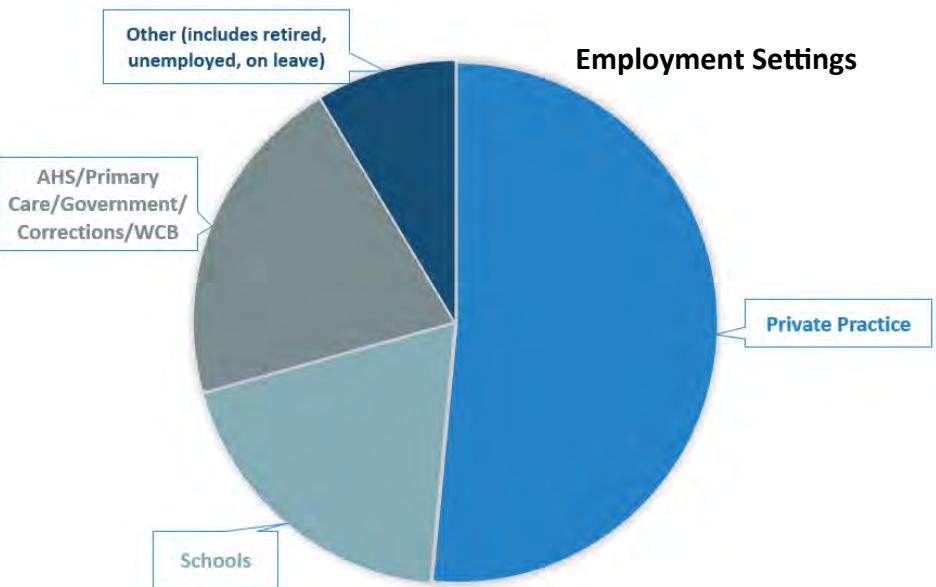
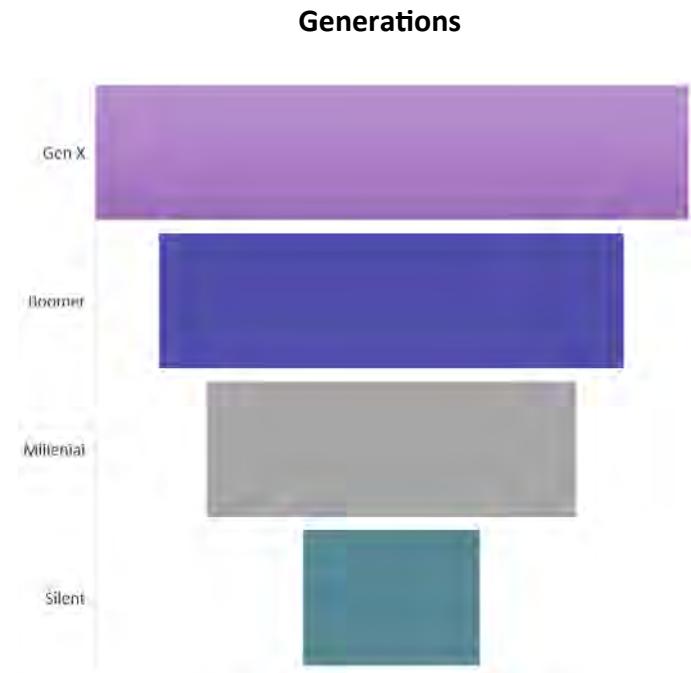
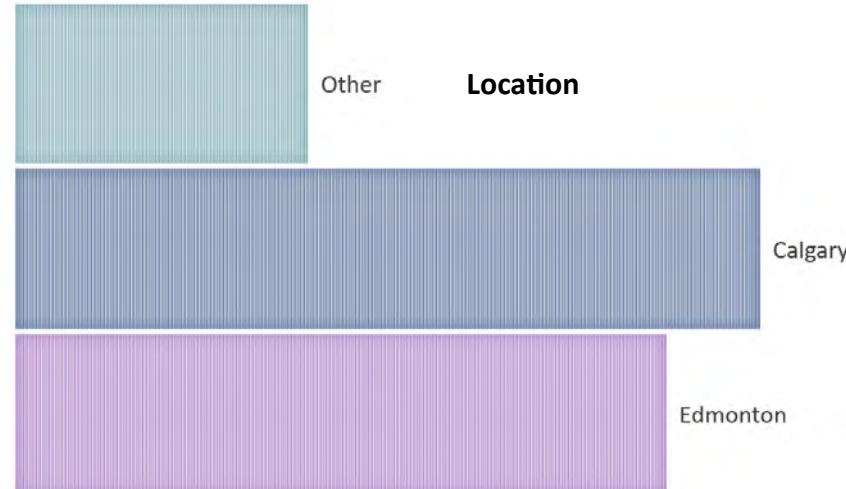
Support

All members have discounted professional liability, home/auto, & office insurance rates, and discounted rates for goods and services. Full members also have access to practice advisors and the referral service.

BRIGHTS QUID



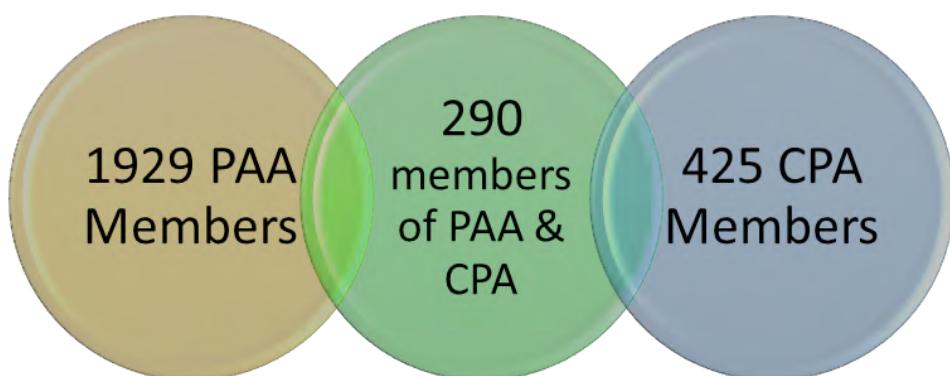
Membership at a Glance



BMS

The Canadian Psychological Association (CPA) and the Council of Professional Associations of Psychology (CPAP) co-own the member-funded BMS Liability Insurance Plan ensuring that our members get the best possible rates on the most comprehensive psychology liability insurance. As co-owners (PAA is a member of CPAP) we administer this program to the benefit of our members.

As claims go down, and profits increase, a member-funded deductible program means that profits will come back specifically to risk-management activities for the association.



Members			
	CPA Members	PAA Members	PAA & CPA Members
2016	377	1750	276
2017	398	1836	293
2018	381	1647	303
2019	425	1929	290

PAA Referral Service

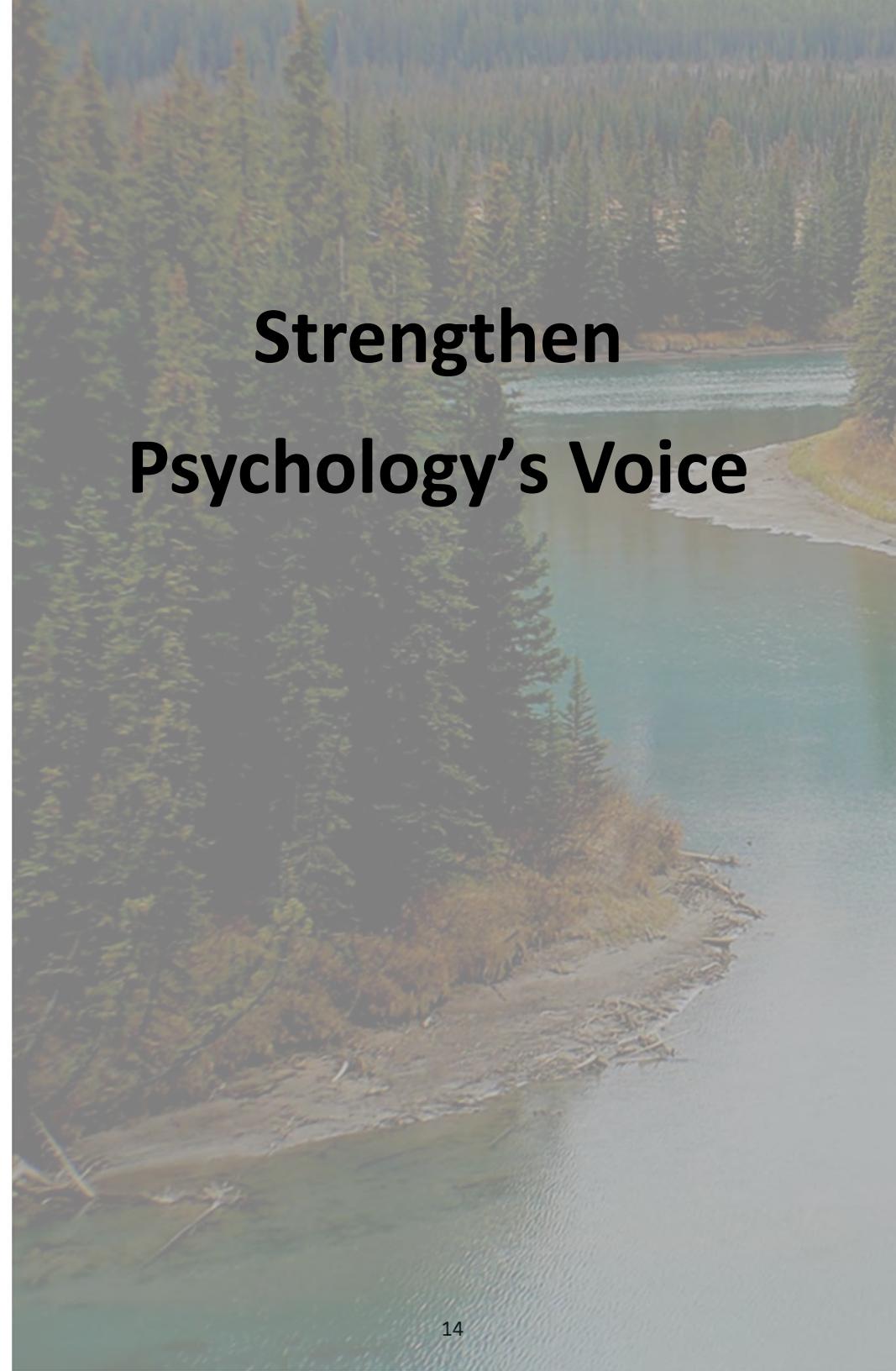
PAA's popular Referral Service will soon get a major reboot as we launch our revised web presence. This, however, remains a frequently accessed resource by clients, community groups, and media outlets. The service is advertised in our townhalls, on HUTV, via 211, on our website, on our animated video, in yellow pages, on all PAA promotional materials and brochures, at all PAA continuing professional development activities, it is a paid push on Facebook, via "Keep your Cup Full", and is promoted on all our social media channels. We thank all referral service members for their ongoing participation with this valuable resource.





**All Albertans,
regardless of
income, should
have access to
psychological
services.**

PAA Position Statements available
at http://www.psychologistsassociation.ab.ca/site/about_us



**Strengthen
Psychology's Voice**

Elections are excellent times to impact systems. This year we were not only active with the previous provincial government but successfully partnered with CMHA-AB in their pre-election campaign targeting access and parity. We then launched our post-election communications plan and toolkit to help members engage with us with elected officials. Our key messages are the value of psychology, that access is key, and that psychology helps – we even provide tips for dealing with distressed constituents, further evidence of the benefits of psychological research and practice.

Bill-30 was passed this year which was set to regulate counsellors under the Health Professions Act, further regulate addiction treatment centers, and protect psychological diagnosis. Although treatment center parameters were quickly clarified all other aspects have remained “under construction” following the spring election. CAP & PAA continue to advocate for a place at the table in clarifying how those definitions and regulations will play out.

Partnerships continue to strengthen our voice, and this was a successful year to have psychology at the table for rural mental health, workplace wellness, a provincial pain strategy, the Addiction & Mental Health Clinical Strategic Network, provincial autism collaboration, palliative care, and other key initiatives. See our collaborations list and how psychology is shaping the Alberta Landscape.

Our most important partnership is with our own members. Member activity in public education and media events significantly impact psychological literacy and awareness in Alberta. Consider joining PAA’s volunteer pool to learn about the myriad of opportunities to share your expertise.

PSYCHOLOGY SHAPING THE LANDSCAPE

PAA gives you a voice at the table where it matters most to psychology. Psychology was represented by PAA at meetings with:

Health Groups	Provincial Advocacy Groups
<ul style="list-style-type: none"> ◆ Alberta Health “Valuing Mental Health” Committee Collaborative Practice ◆ Alberta Pain Network ◆ CASA / UAlberta Research Chair in Child & Adolescent Mental Health Launch ◆ Collaboration with the other Health Professions Act Associations ◆ Alberta Primary Care Network 	<ul style="list-style-type: none"> ◆ Alberta Alliance for Mental Illness & Mental Health ◆ Palix Foundation ◆ Autism Alberta provincial review ◆ CMHA Alberta ◆ Reforming the Family Justice System ◆ Alberta Workplace Wellness Network ◆ Relevant research breakfasts (PTSD)
Psychology Groups	Targeted Response Groups
<ul style="list-style-type: none"> ◆ Canadian Psychological Association ◆ Council of Professional Associations of Psychology of Canada ◆ American Psychological Association ◆ AHS Psychology Professional Practice Council 	<ul style="list-style-type: none"> ◆ Canadian Red Cross specific to the Wood Buffalo 2016 Wildfire recovery ◆ Public Action Plan Ministerial Panel on Child Intervention recommendations ◆ Concordia University of Edmonton’s PsyD Advisory Committee



COLLABORATING – FOSTERING – LEARNING – LEADING

PSYCHOLOGY AS A PROFESSION

PAA, & our members, are committed to maximizing our impact through strategic relationships.

For the profession of psychology that includes:

American Psychological Association

- ◆ Dr Lana Hawkins was elected to the APA Council of Representatives
- ◆ Dr Janet Miller serves as our APA Public Education Coordinator

Canadian Council of Professional Associations of Psychology

- ◆ Dr Judi Malone serves as the chair of CPAP

Canadian Psychological Association

- ◆ Dr Arlin Pachet, Dr Cheryl Nekolaichuk, & Dr Judi Malone are on the CPA taskforce on psychologists involved in end of life care (practice guideline development)
- ◆ Dr Judi Malone serves on the CPA board representing the province

Alberta

- ◆ We are on the PsyD Advisory committee for Concordia University of Edmonton
- ◆ Dr Judi Malone is chairing the Alberta Alliance for Mental Illness & Mental Health
- ◆ We work closely with the College of Alberta Psychologists, advancing the profession together
- ◆ We participate on the AHS Professional Practice Council for Psychology

The greatest public education occurs thanks to psychologists engaged in the media directly. **Infinite thanks to our members** who impact public education through their relationships & engaged responses with the media. This year saw 157 psychology events in the media.

Appreciation to: 630 CHED, 770 CHQR Global Morning News, Alberta Primetime, Calgary City Hall, CREB Now newspaper & website, CTV Edmonton News, CTV Morning Live Calgary, Indian Head Wolsley news, Prime Time Local News (Lloydminster), The Chestermere Anchor City News, The Medicine Hat News

Special thanks to: Dr. Angela Grace, Baljinder Sull, Dr. Brent MacDonald, Dr. Ganz Ferrance, Kimberley Knull, Dr. Laura Hambley, Dr. Linda Hancock, Michelle Hamilton, Dr. Patrick Keelan, Dr. Susan MacDonald

Members regularly engage in career fairs, educational presentations, & public information sessions. Consider joining your peers in PAA's volunteer pool to contribute to this important work. Highlights from this year include:

- Conferences: Alberta Psychiatric Association, Canadian Association for Equality & Canadian Centre for Men and Families, CMHA Now We Are Stronger, Harvard School of Medicine
- Centre for Autism Services Alberta
- Centre for Cognitive Behavioural Therapy
- City of Edmonton Community Standards & Neighbourhood Branch
- Concordia University of Edmonton, Edmonton Public Schools, Parkallen School, Edmonton Islamic Academy
- Outrun the Stigma: Mental Health Expo
- The Live Well Showcase
- University of Alberta: Adult Psychiatry Grand Rounds, Pediatric Grand Rounds, & Health Interprofessional Pathways

Gratitude to: Allison Stott, Don Beeken, Dr. Deena Martin, Dr. Ganz Ferrance, Dr. Judi Malone, Dr. Michael Stolte, Dr. Paulene Kamps, Dr. Wes Miller, Janet Caryk, Joanne Lavergne, Lindsay Wolf-Owczarek, Marina Agafonov, Noga Liron, Seada Karalic, Terrill Schumaker

PSYCHOLOGISTS' ASSOCIATION OF ALBERTA

Psychology's Unique Value

Psychologists are regulated health professionals who provide services including psychotherapy, assessment, diagnosis, consultation, and research of psychological health and problems.

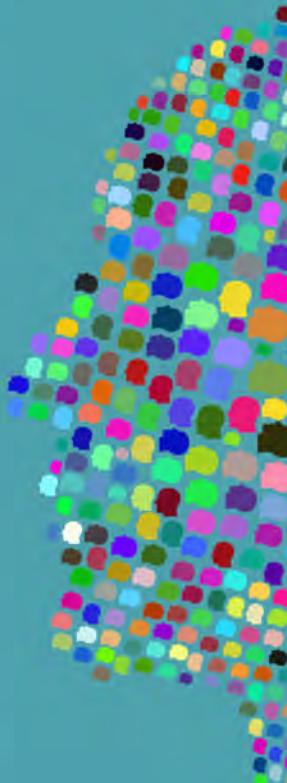
Psychologists provide value given their focused education and training in cognition, emotions and behaviour, and how to affect behavioural changes -- that makes psychologists unique.

Psychologists are trained in evidence-based practices and follow a code of ethics that promotes respect for dignity and fair treatment of all Albertans. Alberta's psychologists have advanced university degrees (Masters or Doctoral) and undergo extensive supervised training and examinations.

Psychologists study the biological, cognitive, emotional, social, cultural, and environmental determinants of behaviour and through such extensive research and practice, psychologists help people cope more effectively in daily life.

FOR MORE INFO, PLEASE VISIT
WWW.PSYCHOLOGISTSASSOCIATION.AB.CA

Developed by the PAA Social Justice Committee



School Psychology Committee

Dr. Mitchell Colp (co-chair), Michele Pentyliuk (co-chair), Dr. Yuanyuan Jiang, Kailyn Jones, Dr. Erica Makarenko, Ryan Matchullis, Robert McGarva, Dr. Nina Wyrostock

The PAA School Psychology Committee advocates for all learners in Alberta to have access to timely, meaningful, and effective supports from psychologists in their educational settings. This committee continues to be actively engaged in both public education and advocacy initiatives specific to school psychology. In addition to regular publications in *Psymposium*, the committee has liaised with key personnel within Alberta Education and Alberta Health, strengthening the lines of communication and offering input into initiatives that impact education and the practice of psychology in schools.

Social Justice Committee

Landon Hildebrand (chair), Joanna Card, Clayton Falk, Krista Forand, Donna Piercy

While our efforts to better understand and inform issues and barriers related to accessing psychological services has continued from the previous year, it became apparent that a clear definition of who we are as psychologists needed to be formulated. Historically, the statement that defines who we are as psychologists have been adopted from the Canadian Psychological Association. However, with new regulations around counsellors in Alberta, it was determined that a local Alberta definition was needed in order to clarify the difference between psychologists and other professions. We are currently looking for new members to serve during the coming term. In the upcoming year, we look forward to addressing topics regarding truth and reconciliation, as well as poverty in Alberta. If you are interested in joining the committee and addressing these topics, please email kim@paa-ab.ca.

Public Education & Wellness Committee

Dr. Erin Buhr (chair), Don Beeken, Dr. Colleen Lucas, Dr. Janet Miller

The Public Education and Wellness Committee was engaged in both public education and workplace wellness initiatives. Since the previous years' slogan for Psychology Month, "The Value of Psychology" and the social media campaign (#choosepsych and #valuepsych) were so well-received, they were also used for Psychology Month 2019. Committee members also revamped the Psychologically Healthy Workplace presentation to ensure it is relevant and up-to-date. Thanks to an OH&S grant, presentations were made at numerous venues, and were well-received.

Representatives & Editors

Dr. Michelle Vandegriend—Book Review Editor

Dr. Judy Moench—Disaster Response Network Coordinator

Robert McGarva—APA Rural Health Co-ordinator Representative Alberta

Dr. Janet Miller—APA Public Education Co-ordinator

Dr. Lana Hawkins—APA Council of Representatives

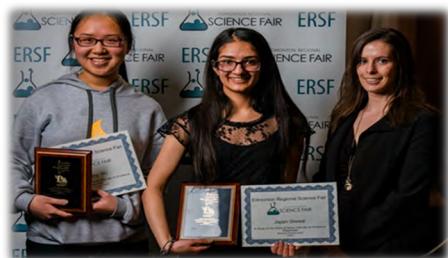
Behavioural Science Award Winners

Parker Mogck "A Link in the System", & Claire Petersen "Good Thinking or Gut Feeling?" - Red Deer

Ruby Sweet "How Do We Learn Best?" - Calgary

Jappn Grewal & Qin Tong Wu "A Study on the Effect of Music Intervals on Emotional Responses", & honourable mention Hannah Abdo "Inattentional Blindness" - Edmonton

Many thanks to our dedicated volunteers & judges: Dr. Yvonne Buchanan-Sedun, Zabrina Kwan, Cinder Smith, Noga Liron, & Tamara Lane



Awards Adjudicating Committee

Dr. Judi Malone (chair), Dr. Emma Climie, Dr. Kerry Mothersill, Dr. Lynda Phillips, Dr. Jessica Van Vliet, Dr. Erik Wikman

2018 Award Winners

Jean & Dick Pettifor Memorial Award

Dr. Margaret Anne Price

This award celebrates a long-time enduring contribution to the field of psychology



Excellence in Clinical Supervision

Dr. Stuart (Stu) Hoover

Awarded for exemplary performance in supervising one or more individuals



Excellence in Teaching Psychology

Dr. Jessica Van Vliet

Awarded for outstanding teaching of psychology in a post-secondary institution

Communications & Engagement

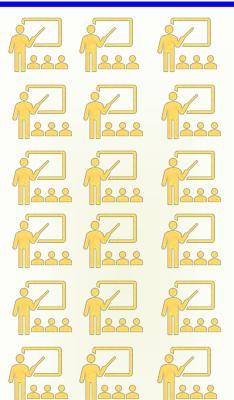
4 Committees & Task Forces



6 Awards

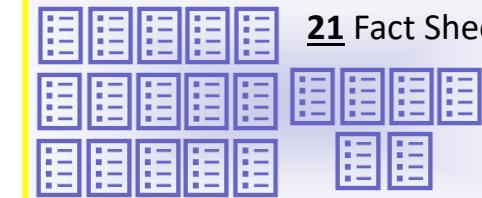


Over 1000 Advocacy Hours...



18 Workshops & Webinars

21 Fact Sheets



4 Issues of Psymposium



February is Psychology Month



February 2019 Psychology Month

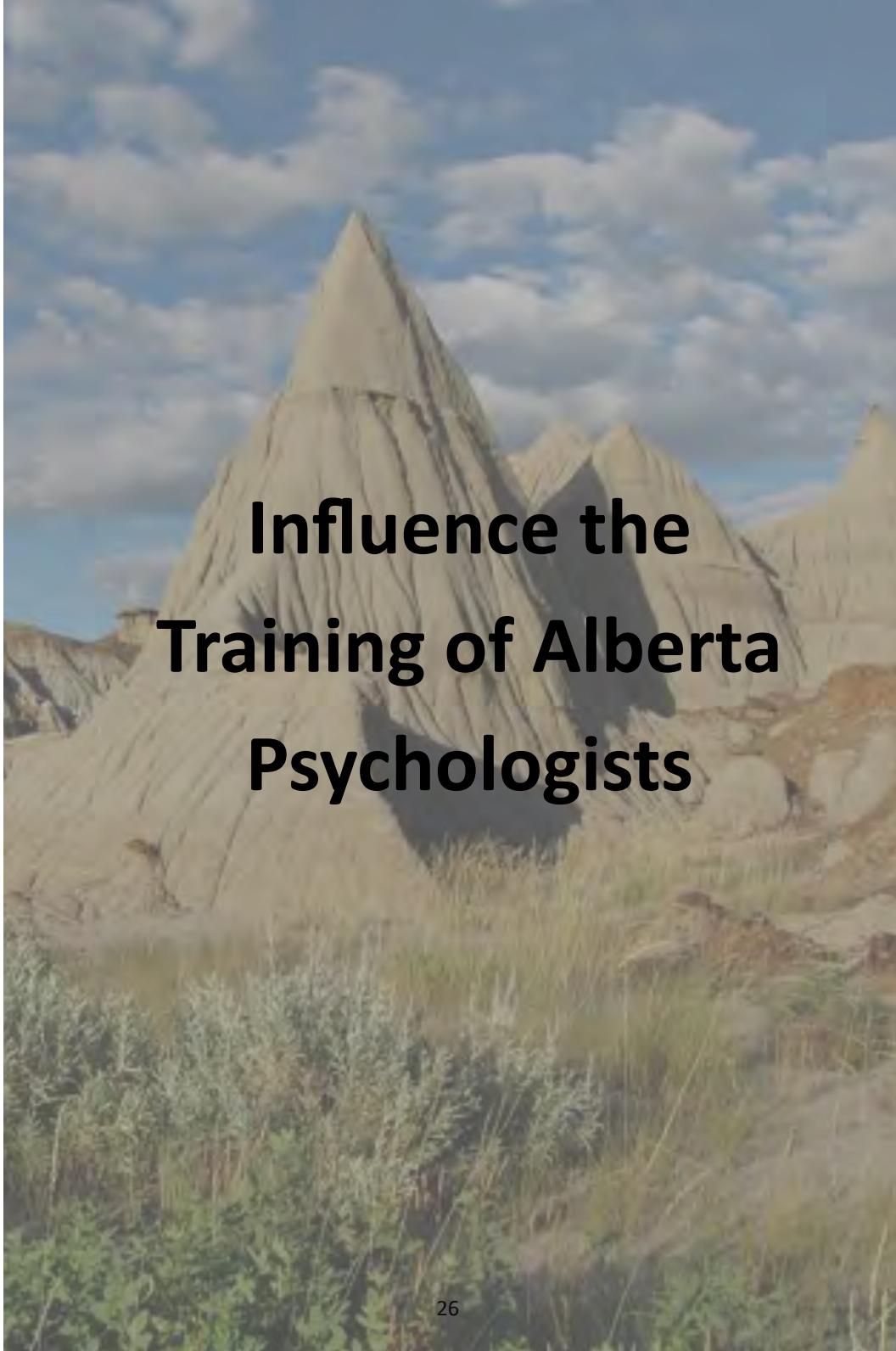
- Enhanced social media output • 22 library information sessions
- Teachers Conventions (Calgary, Edmonton, Lethbridge)
- AHS Psychology Day (Edmonton & Calgary)
- De-stress initiatives • Yoga Rave
- Community presentations • media interviews & articles • workshops
- panel presentations • film screenings • paint night • student events
- Private practice offices with over 20 member-contributors





Mental and behavioral health publicly funded services
must reach parity with funding
for physical health publicly funded services
based on the burden of disease.

A position statement of the Psychologists' Association of Alberta
<http://www.psychologistsassociation.ab.ca>



Influence the Training of Alberta Psychologists

CAP & PAA have a joint taskforce on realizing the recommendations of the TRC for psychology. In beginning this important task, our working group has collectively acknowledged the gravity of this work in relation to the promise and potential given the current and historical state of affairs in relation to Indigenous people in Canada, and, more specifically, within the field of psychology. Celebrating a considerable success, we have been proud to collaborate in supporting University Blue Quills nuhelot'jne thaiyots'j nistameyimâkanak in developing Canada's first Indigenous Bachelor of Psychology degree which launches September 2019.

At long last Alberta is poised to have PsyD program. Having successfully completed all reviews, Concordia University of Alberta will be ready to launch this Clinical Psy D program once faculty are in place – this will make it only the second English-speaking PsyD in Canada.

We listen to our members and showcase provincial expertise in offering you workshops, webinars, and training that targets the needs of psychologists in Alberta. What are your learning needs or style? Perhaps an online webinar that can be taken during your lunch hour or on your own time? A workshop with opportunities to network with peers? A study group preparing for your EPPP or strategies for your oral exam? PAA has continuing professional development activities to meet your needs. This year topics included cannabis, assessment (for treatment and of children), supervision, EPPP & oral exam tips, forensics, trauma, Indigenizing psychology, Geropsychology, LGBT support, neuropsychology, and student learning.

Of course, we are scientist-practitioners and engage with evidence-based practices. We've used outcome-informed measures in our Canadian Red Cross wildfires initiative and collaborated with City University for data analysis. We tracked the outcomes of our Occupational Health & Safety grant on providing provincial workshops targeting psychologically healthy workplaces. We regularly benchmark training practices. We collaborate with our universities and participate in mentorship and field placement programs. And, we have dedicated voting board members representing both students and provisionally registered psychologists. All to best influence the training of Alberta psychologists; to best shape the future of our profession.

Best of all, we have impressive talent in the province. Have you seen the PAA Award winners? Posters and information sessions at our annual conference? These are ideal ways to showcase and build awareness of the exemplars, leaders, and future leaders in our field of whom we can all be proud.



Professional Development Activities

When My Soul Connects With Their Soul—Decolonizing & Indigenizing Psychological Practice with Indigenous Peoples

Dr. Karlee Fellner

06 April 2018

Geropsychology Research & Practice: Helping Our Clients, Helping Ourselves

Dr. Candace Konnert

27 April 2018

Competency-Based Clinical Supervision: Knowledge, Skills, & Attitudes

Dr. Michael Ellis

28 April 2018

The Essentials of Working with LGBT Clients and/or Students

Dr. Kevin Alderson

01 June 2018

3rd International Neurosequential Model Symposium

12 June 2018

Preparing for Your Oral Exam in Professional Psychology

Dr. Jim Eliuk

Edmonton— 13 July 2018 & 10 January 2019

Calgary— 27 July 2018 & 11 January 2019

Preparing for Cannabis Legalization in Canada: A Psychologist's Evidence-Based Guide, Modules 1-4

Dr. Igor Yakovenko

09 September—25 October 2018

EPPP Prep: Memory Boosting Learning Strategies

Michele Pentyliuk, M.Ed.

Edmonton— 10 October 2018

Calgary— 21 October 2018

Assessments for Psychotherapists: (Almost) Everything You Need to Know

Dr. Jamie Dyce

16 November 2018

What Every Psychologist Should Know About Forensic Practice

Dr. Roy Frenzel

30 November 2018

The Neuropsychology of Mathematics: Taking the mystery out of math learning

Dr. Steven Feifer

15 January 2019

Trauma & PTSD in First Responder Populations

Dr. Megan McElheran

& Alberta Paramedics Association presentation Between Emergencies

18 January 2019

CPE-140—Advanced Clinical Supervision in Psychology

Online starting 06 March 2019 through the University of Calgary

Maintain a Collaborative Relationship with the College of Alberta Psychologists



CAP and PAA have been showcased as an example of the roles and benefits of a professional association and regulatory body collaborating for both the profession and our province. Dr. Richard Spelliscy and Dr. Judi Malone work together, coordinating advocacy and information responses with key groups, joint townhalls, and successful annual conferences. We share the goal of seamlessness and consistency for members and have enjoyed joint training for our boards & members.

PAA-CAP Joint Task Force: Alberta's Truth & Reconciliation Response

Dr. Judi Malone	Dr. Richard Spelliscy
Wilma Spearchief	Janice Minoose
Dr. Deena Martin	Loretta McConnell
Dr. Karlee Fellner	Meagan Farquharson



CAP & PAA 2018 Annual Conference

Calgary, Alberta

1 Event



2 Annual General Meetings



11 Keynote, Breakout, & Enlightening Presentations



Nearly 400 Attendees



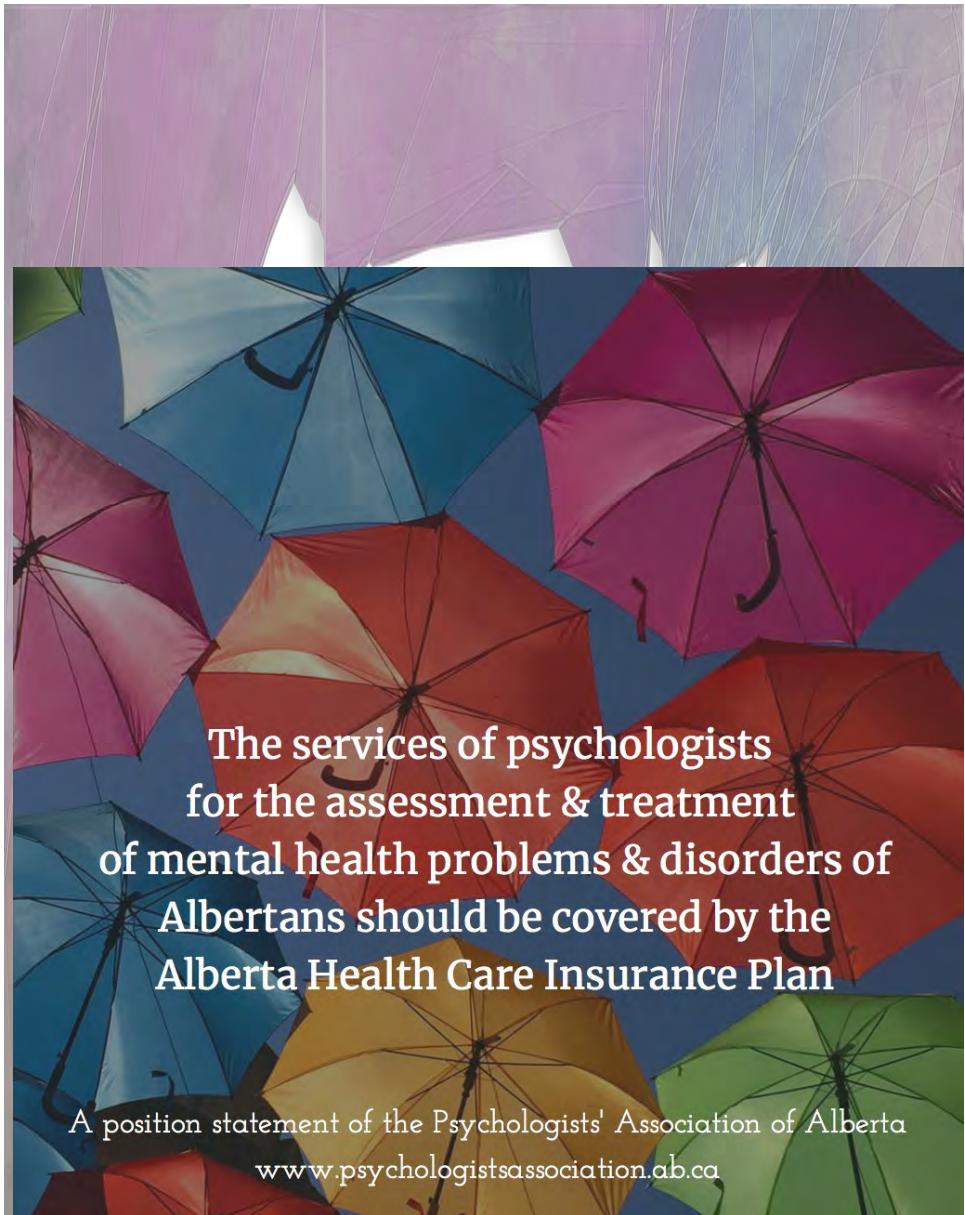
8 Poster Presentations



6 Booths



4 Book Signings



Good Governance

Board of Directors



Bonnie Rude-Weisman
President



Nicki Wilson
Incoming President—May 2019



Dr. Kelly Schwartz
Vice-President



Amrita Bhar
Incoming Vice-President—May 2019



Dr. Sally MacLean
Treasurer



Dr. David St. Arnault
Incoming Treasurer—May 2019



Claire Petersen
Board Custodian



Chelsea Hobbs
Student Member



Sandra Gallace
Member-at-large



Lisa McIsaac
Member-at-large



Heather Gower
Incoming Provisional Member—May 2019



Tamara Lane
Incoming Member-at-large—May 2019

From the President

I am honored and privileged to assume the role of President of the PAA for 2019-2020. I am deeply grateful to my predecessor, Bonnie Rude-Weisman, for her leadership and outstanding contributions to the PAA during her presidency, and the members of the Executive Committee and Board of Directors. I am inspired by their commitment to the PAA and all of their achievements.

In this endeavor I am joined by my colleagues Amrita Bhar, Vice President, Dr. David St. Arnault, Treasurer, as well as the Board of Directors.

On behalf of the Executive Committee, Board of Directors, and myself, I would like to thank CEO, Dr. Judi Malone for all her tireless efforts on behalf of the psychology profession. I would also like to thank the very dedicated staff of the PAA. With Judi's leadership, advocacy skills and the continued support of the staff and Board of Directors I am confident that we will continue to address the needs of Albertans and move the profession of psychology forward.

Please join us for the 2019 Annual Conference and Professional Development Day of CAP and PAA: "Psychologists in Leadership: Leadership in Psychology." We anticipate an exciting day of connection, collaboration and learning.

I look forward to continuing the important work of the PAA and the profession of psychology.

Respectfully,

Nicki M. Wilson, M.Sc.

Registered Psychologist (AB)
President



2018 Annual Board & Staff Retreat



I am pleased to report to the PAA membership on the financial status of the association for the 2018-2019 fiscal year. The attached financial statements show that we have maintained good control over income and expenses finishing the year with a minor deficit while maintaining a healthy asset reserve. As treasurer, I am committed to ensuring the PAA remains successful & viable for many years to come. The PAA staff and board members will continue to work diligently on the investment of membership dues toward providing high quality professional development opportunities (i.e. workshops), public awareness/education and referral service (i.e. website rebuild), and strong advocacy for the profession of psychology (i.e. with policy makers).

In accordance with our bylaws, BDO Canada LPP served as the auditor. A summary of their report is included in the Annual Report & the full financial statements can be accessed by request.

Thank you to all PAA staff, board members, & key contributors for your ongoing work in managing the budget & financial resources.

David St. Arnault, Ph.D

Registered Psychologist (AB)
Treasurer



Statement of Financial Position

Assets

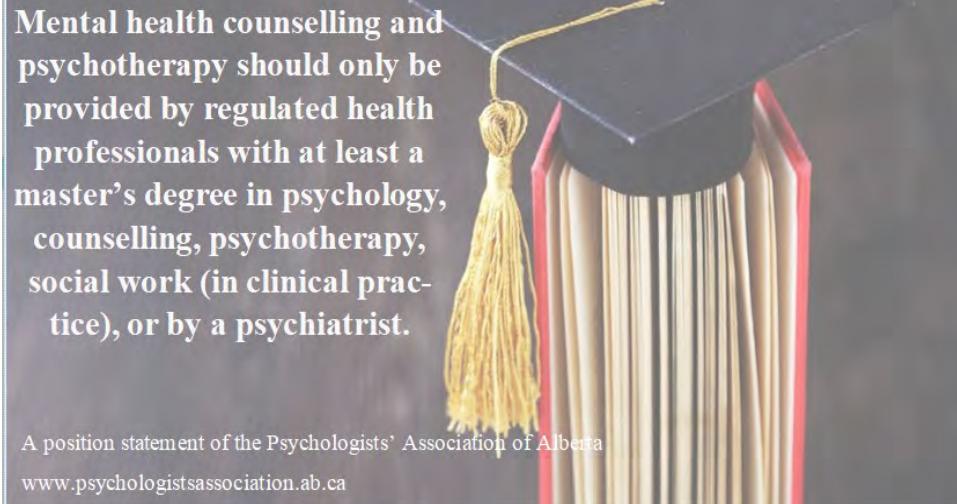
\$1 031 898	Cash
<u>\$676 185</u>	Capital Assets
\$1 708 083	

Liabilities & Net Assets

\$522 368	Current
\$214 374	Long-Term Debt
<u>\$971 341</u>	Commitments (net assets)
\$1 708 083	

Statement of Operations

\$839 481	Revenue
\$839 951	Expenditures
<u>\$314</u>	Other income
(\$156)	Deficiency of Revenue over Expenditures



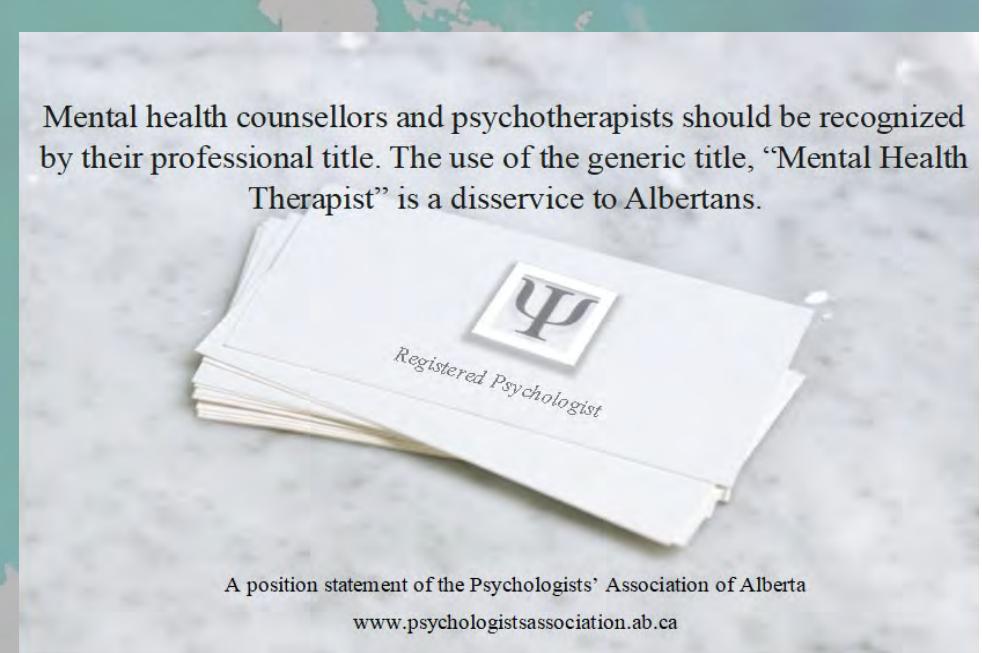
Mental health counselling and psychotherapy should only be provided by regulated health professionals with at least a master's degree in psychology, counselling, psychotherapy, social work (in clinical practice), or by a psychiatrist.

A position statement of the Psychologists' Association of Alberta
www.psychologistsassociation.ab.ca



All Alberta students should have timely access to meaningful and effective School Psychology services

A position statement of the Psychologists' Association of Alberta
<http://www.psychologistsassociation.ab.ca>



Mental health counsellors and psychotherapists should be recognized by their professional title. The use of the generic title, "Mental Health Therapist" is a disservice to Albertans.

A position statement of the Psychologists' Association of Alberta
www.psychologistsassociation.ab.ca



Special Projects

The social fabric of psychology in Alberta continually evolves and PAA stays at the forefront of that change. In the past year, these projects have included:

- Regulation of counsellors
- Alberta's Opioid Crisis Response – Opioid Management in Primary Care
- The development of Alberta's Pain Management Strategy
- Delivered an Alberta OH&S funded series of presentations on psychologically healthy workplaces across the province
- Alberta Community Council on HIV -- psychology-specific trauma support
- Wound down our funded Trauma Assessment & Treatment – in collaboration with the Canadian Red Cross specific to the 2016 Wood Buffalo Wildfire provincial disaster

Psychological Services Fund

The Psychological Services Fund and the Amina Beecroft Endowment Fund were established in 2005 with the primary purpose of subsidizing psychological services for Albertans who could not otherwise afford such services. The Psychological Services Fund is a partnership between PAA, the Edmonton Community Foundation, the Calgary Foundation, and the Canadian Mental Health Association (CMHA) Alberta Division.

This year over \$11 000 was dispersed for 12 clients in Edmonton, St. Albert, Calgary, and Airdrie.



Thank You

We are leading change and supporting the psychological health and wellness of all Albertans – together. Please do join me in thanking our stellar group of staff and volunteers for all they do to serve you, our members, and our province.

PAA's commitment to you is that we will continue to grow and develop as an association.

We grow best with your input -- share your ideas, insights, and experience with the PAA.

Together we (all members) are the PAA!



Watch “Psychology Helps” and other insightful, relevant, & informative videos on PAA’s new YouTube channel!

<https://www.youtube.com/watch?v=wzPaV8vfQkM>

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